

WAX RECOMMENDATION



Sisu Ski Fest

ABR Trails, Ironwood, MI

Saturday, January 7

8:50 A.M. 31K, 10 A.M. 15K

Skate and Classic

Wave start

Please check website for updates due to weather

<http://www.sisuskifest.com>

Forecast/Conditions: Overnight low -10F, temperature at start will be -8F, cold windblown lake effect snow, 10 A.M. race start temperature will rise to -2F, some new windblown snow on race course for the start.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Apply multiple layers of Nordic GripWax X-Cold, corking between layers. Those wanting more kick can substitute GripWax Blue for the X-Cold.

Structure: Very fine linear grind with no additional hand structure would be best for these conditions.

Created by Blaise Sopiwnik, Toko Tech Team member since 2014.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service