

WAX RECOMMENDATION



Winter Start 5K Classic/Freestyle

Grand Mesa Skyway Trail System, CO Highway 65

Sunday, December 4

11 A.M. 5K Classic, 12:30 P.M. 5K Skate

1 loop

<http://gmnc.org/event/winterstart-5k-race/>

Forecast/Conditions: Overnight low in the low teens warming into the mid 20s with mostly sunny skies. Expect cold dry Colorado snow. The skiing is excellent on Grand Mesa right now.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 thin layers of Nordic GripWax Blue, corking between layers. Skiers in need of more kick may add layers of Red covered with Blue.

Structure: A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Stephen White, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service