

# WAX RECOMMENDATION



## WISCONSIN STATE HS DISTANCE CHAMPIONSHIP

Birkie Trailhead, Cable, WI – Saturday, Feb 7

9 A.M., 6.2k/3.1k, Classic

Interval start on a 3.1k lap course. Note various start times

<https://www.wisconsinxcski.org/state-meet/>

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**Forecast/Conditions:** Overnight low of about -8F, the first start time temperature will be around 5F, high near 18. Mostly sunny with a gentle breeze. Expect glazed and machined track conditions.

**Glidewax: Morning:** Apply HP Blue Hot Wax, scrape and brush, sprinkle on [Jet Powder](#) Blue, make two passes with iron at 180c, let cool, scrape and brush using the copper brush and polish with a merino wool roller. Then quickly (2 seconds) spray [Jet Liquid](#) Blue tail to tip, let sit for 10 minutes, go ski.

**Afternoon:** Apply HP Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush, lightly rub on Jet Bloc Red, polish with the Rotary Brush Merino Wool, repeat the Jet Bloc rub/polish for a second coat. Then quickly (about 2 to 3 seconds) spray [Jet Liquid](#) Red tail to tip, let sit for 10 minutes, go ski.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then create a pyramid of [multiple thick layers of Base Wax Green](#), corking between each layer. Stay short, not beyond klister zone. Finish by covering with a very thin layer of GripWax Blue (morning) or Red (afternoon), corking lightly.

**Structure:** A fine structure covered by one pass with the Blue (morning) or Red (afternoon) Structurite tool after scraping and brushing the final Hot Wax or polishing the Jet Powder/Bloc but before applying Jet Liquid will best suit these conditions.

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*Created by Frank Lundein, Toko Tech Team member since 1999*

**Racing-Service**

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.