

WAX RECOMMENDATION



MINNESOTA STATE HIGH SCHOOL SECTION 7

Giants Ridge, Biwabik, MN – Wednesday, Feb 4

10 A.M. 5k Skate, 12:30 P.M. Classic relay, 3:10 P.M 5k Classic

Interval start for Skate, pursuit for Classic, relay heats and finals are mass start

<https://www.skinnyski.com/racing/highschool/2026/section7-01-28.pdf>

Forecast/Conditions: Overnight low of zero F rising to 12-19 during the races. This day should be partly sunny with a mild wind. Expect a solid racing surface of transformed snow that should glaze and be fast.

Glidewax: Skate apply HP Blue Hot Wax, scrape and brush, sprinkle on [Jet Powder](#) Blue, make two passes with iron at 180c, let cool, scrape and brush using the copper brush and polish with a merino wool roller. Then quickly (2 seconds) spray [Jet Liquid](#) Blue tail to tip, let sit for 10 minutes.

Glidewax: Classic apply HP Red Hot Wax, scrape and brush, lightly rub on Jet Bloc Red, polish with the Rotary Brush Merino Wool, repeat the Jet Bloc rub/polish for a second coat. Then quickly (about 2 to 3 seconds) spray [Jet Liquid](#) Red tail to tip, let sit for 10 minutes.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Red, corking smooth between layers.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool for the 5K Skate race after scraping and brushing the final Hot Wax or polishing the Jet Powder/Bloc but before applying Jet Liquid will best suit these conditions. For all other races use the Red Structurite tool.

Created by Gerald Slater, Toko Tech Team member since 2006

Racing-Service

Check the [Wax Tips](#) page at [TokoUS.com](https://www.toko-us.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.