

WAX RECOMMENDATION



MINNESOTA STATE HIGH SCHOOL SECTION 5

Theodore Wirth Park, Minneapolis, MN – Wednesday, Feb 4

10 A.M. 5k Skate, 11:15 A.M. Classic relay, 2:15 P.M 5k Classic

Interval start for Skate, pursuit for Classic, relay heats and finals are mass start

<https://www.skinnySKI.com/racing/highschool/2026/section5-01-28.pdf>

Forecast/Conditions: Overnight low of 7F rising to 17-25 during the races. This day should be sunny with a mild wind. Expect a solid racing surface of transformed snow that should glaze and be fast.

Glidewax: Apply HP Red Hot Wax, scrape and brush, lightly rub on Jet Bloc Red, polish with the Rotary Brush Merino Wool, repeat the Jet Bloc rub/polish for a second coat. Then quickly (about 2 to 3 seconds) spray [Jet Liquid](#) Red tail to tip, let sit for 10 minutes, go ski.

Gripwax: Roughen the base with 150 grit sandpaper, spray on Nordic GripSpray Base Green over the entire kick zone, spread evenly into a thin layer, let cool. Then apply Nordic Klister Red in an alternating chevron pattern on the middle 2/3rds of the kick zone, smooth into a thin layer, let cool. After the ski has cooled, apply 2 layers of Nordic GripWax Red, corking lightly to completely cover the klister.

Structure: A fine or universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or polishing the Jet Bloc but before applying Jet Liquid will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006

Racing-Service

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.