

WAX RECOMMENDATION



HAYWARD HOLIDAY DASH

American Birkebeiner Trailhead, Cable, WI -- Sunday, Dec 28

9 A.M., 6k HS Classic Sprint Relays

9:45 A.M., 4k MS Classic Sprint Relays

<https://www.birkie.com/ski/events/hayward-dash/>

Forecast/Conditions: Freezing rain expected on Friday with above freezing temperatures Friday and Saturday. Saturday night the temperature will be drop all night, dipping 32 around 10 P.M. Race time temperature expected to be in the low teens with a slight chance of new snow. After it freezes, we expect the trail to be tilled, mixing some of the new ice with older snow.

Glidewax: Apply HP Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush. Then quickly (1 to 2 seconds) spray [Jet Liquid](#) Red tail to tip, spread and polish using a handheld Thermo Cork, and go ski.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. Then create a pyramid of [multiple thick layers of Base Wax Green](#), corking between each layer. Stay short, not beyond klister zone. Finish by covering with a very thin layer of GripWax Blue, corking lightly.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax but before applying Jet Liquid will best suit these conditions.

Created by Mike Lundeen, Toko Tech Team member since 2004

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.