WAX RECOMMENDATION



MICHIGAN CUP RELAYS

Cross Country Ski Headquarters, Roscommon, MI - Sunday, March 9 11 A.M., 3 x 5k, Classic-Skate-Skate Mass start, multiple laps <u>https://nordicskiracer.com</u>

Forecast/Conditions: Saturday night low of 14 rising to 26 at start. Snow temperature should be around 20. A 40 percent chance of light new snow during the race. Expect a dusting of snow over a firm base of transformed snow. Expect partly sunny skies.

<u>Glidewax:</u> Apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush. Sprinkle on <u>Jet Powder</u> Red, make two passes with iron at 18oc, let cool, scrape and brush. Polish with a merino wool roller. Then spray on <u>Jet Liquid</u> Red, let the ski dry flat for at least 20 minutes. No need to brush or polish Jet Liquid before skiing.

<u>Gripwax</u>: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 shorter layers of Nordic GripWax Red, corking smooth between layers.

Structure: A fine structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or Jet Powder but before applying Jet Liquid will best suit these conditions.

Created by Nick Baic, Toko Tech Team member since 2007

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.