WAX RECOMMENDATION



EASTERN HIGH SCHOOL CHAMPIONSHIPS RELAY

Black Mountain, Rumford, ME - Sunday, March 16 9:30 A.M., 4 x 3k, Classic and Skate mixed relay Mass start, one lap each leg <u>chisholmskiclub.org/index.php/events/2024-25-events/2025-eastern-high-school-championship</u>

Forecast/Conditions: Overnight low of 40 warming to 48 by race start. Snow will be very transformed old snow PistenBully groomed. Cloudy with showers.

<u>Glidewax:</u> Apply BP Red Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush. Spray on HP Liquid Paraffin Yellow, let dry for an hour, apply structure, polish with a merino wool roller. Then spray on <u>Jet Liquid</u> Yellow, let the ski dry flat for at least 20 minutes. Polish lightly for 20 seconds with a merino wool roller.

<u>Gripwax:</u> Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Red and Klister Yellow in an alternating chevron pattern, smooth, let cool.

Structure: A wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or HP LP but before applying Jet Liquid will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 2000

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.