

WAX RECOMMENDATION



CXC YOUTH CHAMPIONSHIPS CLASSIC AND GLIDEHO
Lower Spirit Mountain Nordic Center/Grand Ave Chalet, Duluth, MN - Sunday, March 2
10 A.M. Classic, Noon Glideho
Interval starts, varying length races on loops of either 1.5k or 2.5k
<https://www.duluthsupertour.com/youthchampionships2025>

Forecast/Conditions: Overnight low of about 10, expect snow temperature of 16 to 18 at the start. Sunny skies, daytime high will reach about 36. Expect machined track conditions primarily comprised of manmade snow.

Glidewax: Apply BP Red Hot Wax, scrape and brush. Go have fun!

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Red and Base Wax Green, corking between layers. Final layer should be GripWax Red.

Structure: If appropriate for your child and their skis, a fine structure covered by one pass with the Red Structurite tool after scraping and brushing the final layer of Hot Wax will best suit these conditions.