WAX RECOMMENDATION



WASHINGTON BIATHLON ASSN RACE WEEKEND #2

Stevens Pass Nordic Center, Stevens Pass, WA – Sunday, February 9 10:30 A.M. Zero, 11:30 A.M. Race, Freestyle Pursuit format, 12.5K Men, 10K Women and Juniors http://www.washingtonbiathlon.org

Forecast/Conditions: Overnight low of 13 rising to 27 by race completion. There is a slight chance of some snow flurries during the event under mostly cloudy skies. Firm clean conditions will exist. Snow temperature should remain in the low 20s.

Glidewax: Apply Base Performance Blue Hot wax, scrape and brush, then apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand 2-4 hours, then polish with the Polishing Brush Liquid Parrafin. If you do not have LP spray, apply BP Blue Hot wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: NA

<u>Structure:</u> A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.