

# WAX RECOMMENDATION



## GHN-ADK GAMES 10K PURSUIT

Glenville Hills Nordic Club, Schenectady, NY - Sunday, Feb 16

11 A.M., 10k, Skate

Interval start

<https://www.skireg.com/ghn-adkgames>

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**Forecast/Conditions:** Overnight low 26, snow showers overnight changing to freezing rain in the early morning hours. Temperature at start 33, an inch of new snow with an icy glaze mixed in, rain showers expected during the race.

**Glidewax:** Apply BP Yellow Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush. Sprinkle on [Jet Powder](#) Yellow, make two passes with iron at 180c, let cool, scrape and brush. Polish with a merino wool roller. Then spray on [Jet Liquid](#) Yellow, let the ski dry flat for at least 20 minutes. No need to brush or polish Jet Liquid before skiing.

**Gripwax:** N/A

**Structure:** A wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or Jet Powder but before applying Jet Liquid will best suit these conditions.

*Created by Duncan Douglas, Toko Tech Team member*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.