WAX RECOMMENDATION



ADK TOUR DE SKI

Cascade Welcome Center, Lake Placid, NY- Saturday, Feb 22 10 A.M. BKL, 11:05 A.M. others, 14k/7k, Classic 7k lap <u>https://www.skireg.com/adk-tour-de-ski-cascade-lake-placid</u>

Forecast/Conditions: Overnight low ₃F, temperature at start 19 with a snow temperature of about 10. Several inches of new packed powder, cloudy skies.

<u>Glidewax:</u> Apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush. Sprinkle on <u>Jet Powder</u> Blue, make two passes with iron at 18oc, let cool, scrape and brush. Polish with a merino wool roller. Then spray on <u>Jet Liquid</u> Blue, let the ski dry flat for at least 20 minutes. Polish Jet Liquid with Merino Wool roller before skiing.

<u>Gripwax</u>: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Blue, corking smooth between layers.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or Jet Powder but before applying Jet Liquid will best suit these conditions.

Created by Duncan Douglas, Toko Tech Team member

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.