

WAX RECOMMENDATION



MINNESOTA STATE HIGH SCHOOL SECTION 7

Giants Ridge, Biwabik, MN - Wednesday, Feb 5

10 A.M. first 5k Classic race, 12:30 P.M. first Skate Relay race, 3:10 P.M. first 5K Skate race Pursuit start for Classic and Skate, relay heats and finals are mass starts

<https://www.skinnyski.com/racing/display.asp?id=56071>

Forecast/Conditions: Overnight low of -6F rising to 6F for the first start and to 13 for the later races. A 40 percent chance of snow beginning at noon. Mostly cloudy with a slight wind from the SW. Pursuit race is on normal courses but relay may be changed (still unknown). As usual, expect a firm racing platform and solid classic tracks.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Blue, corking smooth between layers.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.