

# WAX RECOMMENDATION



## MINNESOTA HIGH SCHOOL CHAMPIONSHIP PURSUIT

Giants Ridge, Biwabik, MN - Thursday, Feb 13

Noon Girls, 1 P.M. Boys, 5k Skate; 3 P.M. Girls, 4 P.M. Boys, 5k Classic

Interval start Skate, Pursuit start Classic

<https://www.mshsl.org/sites/default/files/2025-02/2025-nordic-state-meet-schedule-rev.pdf>

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**Forecast/Conditions:** Overnight low of -19F, rising to -9F at the Skate start and 3F by the Classic start. Mostly sunny with a slight wind from the west and little chance of new snow immediately before or during the race. Expect a solid racing platform consisting mainly of transformed natural snow. Be prepared for delays.

**Glidewax:** For Skate, sprinkle on X-Cold Powder, iron in, scrape and brush. For Classic, apply HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Blue, corking smooth between layers.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

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*Created by Gerald Slater, Toko Tech Team member since 2006*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](https://www.toko.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.