

# WAX RECOMMENDATION



## PARABIRKIE

American Birkebeiner Trail, Hayward, WI - Thursday, Feb 20

2:30 P.M., 3k Classic or Skate

Mass start, Point-to-point

[Birkie.com](http://Birkie.com)

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**Forecast/Conditions:** Overnight low of about -10F, 14 at start time with an afternoon high of 18. Partly sunny skies and with a light northwest breeze. Expect a course generally in good shape, with a possibility of some dirty spots. Note multiple extreme cold / windy days leading up to the race as a factor in this wax tip.

**Glidewax:** Apply Performance Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush. Sprinkle on [Jet Powder](#) Blue, make two passes with iron at 180c, let cool, scrape and brush. Polish with a merino wool roller. Then spray on [Jet Liquid](#) Blue, let the ski dry flat for at least 20 minutes. No need to brush or polish Jet Liquid before skiing.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Blue, corking smooth between layers.

**Structure:** A fine grind with no additional structure will best suit these conditions.

*Created by Ian Harvey, Toko US Brand Manager*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.