

WAX RECOMMENDATION



BARKIE BIRKIE

Main Street, Hayward, WI - Thursday, Feb 20

9 A.M., 5k/3k/1k, Classic or Skate

Out-and-back / Loop

Birkie.com

Forecast/Conditions: Overnight low of about -10F, zero F at start time, high of 18. Partly sunny skies and with a light northwest breeze. Expect generally good course conditions with a possibility of some dirty spots. Note multiple extreme cold / windy days leading up to the race as a factor in this wax tip.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Blue, corking smooth between layers. Cover the GripWax Blue with 1 thin layer of GripWax X-Cold to free up the ski a bit in these very cold conditions. For those wanting more grip, consider skipping the layer of GripWax X-Cold.

Structure: A fine grind with no additional structure will best suit these conditions.

Created by Ian Harvey, Toko US Brand Manager

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.