

WAX RECOMMENDATION



PRINCE HAAKON

American Birkebeiner Trail, Hayward, WI - Friday, Feb 21

1:15 P.M. first wave start, 15k, Classic or Skate

Wave start, Point-to-point

Birkie.com

Forecast/Conditions: Overnight low of about -6F, snow temperature around 5F at the start. Mostly sunny skies with a light southwest breeze. Daytime high of 22. Expect the course to be generally in good shape, with occasional dirty spots on southern portions of the course and some debris in the classic tracks. Note multiple extreme cold and windy days leading up to the race as a factor in this wax tip.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Blue, corking smooth between layers. For those who will be on the course for a longer time who want to ensure grip later in the afternoon, consider carrying GripWax Red and a cork for possible re-application during the race.

Structure: A fine grind with no added structure will best suit these conditions.

Created by Ian Harvey, Toko US Brand Manager

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.