

WAX RECOMMENDATION



WASATCH CITIZENS SERIES #3

White Pine Farm, Park City, UT - Saturday, Feb 01

9 A.M., 10k, Classic Technique

Wave start, multiple laps

<https://utahnordic.org/wcs/>

Forecast/Conditions: Overnight low of 27, temperature at start near 30 heading up to 34 by the end of the race. A 90 percent chance of snow during the race. Full cloud cover, clean new snow.

Glidewax: Apply HP Red Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Red Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Wax Green, heat and smooth. Once at the venue, complete the wax based on moisture in the snow. If precipitation is more like rain, apply a thin layer of Nordic Klister Red, smooth in, and let cool. If it is clearly snowing, apply one layer of Nordic Gripwax Yellow, cork smooth, then one layer of Gripwax Red, cork smooth, then repeat Yellow, cork, Red, cork. If it is a rain/snow mix, apply a thin layer of Klister Red, smooth in, let cool and then cover with a thin layer of Gripwax Red, lightly cork.

This is an excellent time to have a backup plan of mechanical grip, either harries, fishscales or skins. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Jason Travis, Toko Tech Team member since 2000

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.