

WAX RECOMMENDATION



RACE OF THE METHOW CITIZENS RACES

Liberty Bell High School, Winthrop, WA – Saturday, Feb 1

12:45 P.M., Freestyle Sprints

NRL Royal Court Format

<http://www.methowvalleynordic.com>

Forecast/Conditions: Firm and fast conditions consisting of an old but clean snowpack exists prior to the arrival of some fresh snow on Friday of at least 2-3 inches. Light snowfall is predicted Friday night with lows around 24 rising to around 28 to 30 during the citizens races with a 70 percent of continuing light snowfall.

Glidewax: Apply HP Red Hot Wax, scrape and brush, spray on HP Liquid Paraffin Yellow, let stand for at least an hour, then polish with the Polishing Brush Liquid Paraffin. You can also have great results by spraying the HP Liquid just before your start and ski while still wet with no brushing necessary. If you do not have LP, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.