

WAX RECOMMENDATION



SNOWSHOE THOMPSON CLASSIC

AUBURN SKI CLUB TRAINING CENTER, SODA SPRINGS, CA - Sunday, Dec 15

9:30 A.M., 1k, 3k, 5k, 10k, Classic Only

Interval start, multiple laps per distance

<https://www.asctrainingcenter.org/events-races/nordic-races/>

Forecast/Conditions: Overnight low 28, temperature at start 32, with a daytime high of 32. Groomed new snow, cloudy and windy with new snow likely during the race.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen kick zone with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-5 layers of Nordic GripWax Red, corking between layers. You may wish to finish with 1 layer of GripWax Blue, corked smooth.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Ben Grasseschi, Toko Tech Team member since 2003

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.