

WAX RECOMMENDATION



BETTY WOOLSEY SKATE

Trail Creek Nordic Center, Wilson, Wy - Saturday, Dec 14

3:30 P.M., 10k, Skate (changed to skate due to low snow pack)

Mass start, 4 x 2.5K laps

[Betty Woolsey FREESTYLE - Citizens Online Registration](#)

Forecast/Conditions: Overnight low 17, temperature at start 36, a 60 percent chance of snow showers in the afternoon. The Betty Woolsey is taking place after the junior Intermountain Division Opener race. The 2.5K course will have had over 200 junior racers doing multiple laps on the course earlier in the day.

Glidewax: Apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Racing-Service

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.