

WAX RECOMMENDATION



MN High School Section 7

Giant's Ridge, Biwabik, MN

Thursday, February 4

Pursuit: 5K Classic/5K Skate

Classic: 10 A.M. Girls; 11 A.M. Boys

Skate: 1:30 P.M. Girls; 2:30 P.M. Boys

Forecast/Conditions: This course is reported to be in excellent shape. Wednesday evening low temperature -3. Temps for morning races in the mid-single digits. Temps for afternoon races in the mid-teens. Mostly cloudy and a slight breeze.

Glidewax: Apply LF Moly/LF Blue mixed 1:1, scrape and brush. For classic races apply HF Blue, scrape and brush, then rotocork JetStream Blue, brush with a dedicated polishing brush and polish with a thermopad. For the skate races apply HF Blue/HF Red mixed 1:1, scrape and brush then rotocork JetStream Red, brush with a dedicated nylon polishing brush, and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in Carbon BaseWax Green, cork smooth, letcool. Early starters apply Carbon GripWax White. Later starters or those desiring more kick apply Carbon Blue. When tracks glaze Carbon Yellow will work well.

Structure: A universal grind covered by one pass with the Blue TOKO Structurite tool (old fine-linear wheel) before HF Blue application will best suit classic conditions. A universal grind covered by one pass with the Red TOKO Structurite tool (old medium offset wheel) before JetStream application will best suit the skate conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.