

WAX RECOMMENDATION



West Itasca Xmas Time Trial

Rainbow Resort, Waubun, MN

Monday, December 28

9 A.M.

5K/15K/30K Skate and Classic

also 5K/5K and 15K/15K Pursuit

Mass start

Forecast/Conditions: Seven inches of new snow fell on Christmas Day. No rain, no ice. Expect the track to set up with a firm base by Monday. Scattered flurries on Sunday, with Sunday overnight low near zero F, remaining near zero for the start and during the race. Mostly sunny during the race.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Then apply several layers of Carbon GripWax White, corking between layers. Stronger classic skiers may want to use Carbon Mint.

Structure: A fine linear structure covered by one pass with the Blue TOKO Structurite tool (old fine-linear wheel) before JetStream application will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service