

WAX RECOMMENDATION



Nordic Spirit

Spirit Mountain Ski Trails, Duluth, MN

Sunday January 31

8:50 A.M. 10K Classic

9 A.M. 13/25K Freestyle

Forecast/Conditions: Expect a machine-worked track with temperatures Saturday night expected to get down to the mid single digits. Race time temperature should be in the high single digits with mostly sunny skies.

Glidewax: Apply LF Moly/LF Blue mixed 1:1, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Then apply several layers of Carbon White, corking between layers. Those needing extra kick should use Carbon Blue.

Structure: A fine linear grind covered by one pass with the Blue TOKO Structurite tool (old fine-linear wheel) before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.