

WAX RECOMMENDATION



Noquemanon Ski Marathon

Ishpeming to Marquette, MI

Saturday, January 30

9 A.M. 51K Classic, Mass start

9:55 A.M. 51K Freestyle, Wave start, 10 minute waves

11:45 A.M. 25K Classic, Wave start, 10 minute waves

12:30 P.M. 25k Freestyle, Wave start, 10 minute waves

Forecast/Conditions: Expect machine worked track with mixture of new snow and ice from recent warming and refreezing. Overnight low expected near -5 F rising slightly to -3 F at the earliest wave and 8 F at the latest wave. Some glazing of the lake-effect snow is likely due to the humidity caused by the proximity to Lake Superior.

Glidewax: Apply LF Blue, scrape and brush. Then apply LF Blue/LF Moly mixed 1:1, scrape and brush, then apply HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by rotocorking JetStream Blue, brushing with a dedicated nylon polishing brush, and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Long Course: Apply 2-3 layers of Carbon White and cork smooth. Then apply 1-2 layers of Carbon Mint and cork smooth. Short Course: Apply 2-3 layers of Carbon White and cork smooth.

Structure: A very fine linear structure will best suit these conditions. No additional structure should be added by hand.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service